

## PRESS RELEASE 2

FEBRUARY 2016

LITERATURE REVIEW:

### “**WORK-LIFE BALANCE IN THE CONTEXT OF CHANGES IN FAMILY AND IN LABOR MARKET IN GREECE IN THE PERIOD OF CRISIS / WOLBAL 3939**”

The Literature Review in the framework of the study “**Work-Life balance in the context of changes in family and in labor market in Greece in the period of crisis /WOLBAL3939**” has been successfully accomplished. The literature review is the first Action/Working Package 1 (WP1) of the project “Work-Life balance in the context of changes in family and in labor market in Greece”, WOLBAL3939 that is funded under the EEA mechanism (European Economic Area Funding Mechanism, 2009-2014- Priority area: Academic research). The project is managed by the General Secretariat of Research and Technology (GGET) and it is implemented by the Family and Childcare Centre (KMOP) as coordinator, in collaboration with the following partners: the National Centre for Social Research (EKKE), the Greek League for Women’s Rights (GWL) and the Institute of Social Sciences of the University of Iceland.

The Literature Review aims to collect, analyze and present the international, European and national existing literature regarding the changes in family structure and in the family behaviors on the family responsibilities and childcare, the changes in male and female employment, in work-family/private life reconciliation practices and in gender inequalities from different sources and specific data bases. There is a particular focus on the economic crisis as influential factor in the male and female employment developments and on gender relations in the private life. The collection and analysis of the relevant material has been done on the basis of various sources and databases, responding to the established selection criteria.

The literature review is structured upon the following seven chapters:

#### 1. FIRST CHAPTER

In the **first chapter** the **theoretical framework/context** is set through specific definitions of the principle notions and terms (e.g. reconciliation between working and family life, work-life balance, etc.), according to the international and European standards. Also, the main **methodological** steps that have been followed for the literature review are described (selection criteria for sources, research, collection, analysis, synthesis).

#### 2. SECOND CHAPTER

In the **second chapter**, the main current challenges of the reconciliation between working and family/private

life as well as possible ways to address them at European level are put forward through a set of main policy reports. Also, some data on the current situation in Greece are presented, demonstrating the important deficiencies in the delivery of public services and benefits for employed parents with children in period of economic crisis.

#### 3. THIRD CHAPTER

In the **third chapter**, the specific analysis based on EU relevant data and reports, illustrates the considerable impact of the economic crisis on the employment of parents and on the reconciliation matters between working, family and private life.

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### 4. FOURTH CHAPTER

In the **fourth chapter**, various data and researches results are provided demonstrating the significant changes that have occurred since 2008 in family structure and in men's and women's choices and behaviors related to family life at European and national level.

### 5. FIFTH CHAPTER

In the **fifth chapter**, a comprehensive overview of recently published studies, researches and reports regarding the reconciliation between working and family/private life and more specifically the division of household and care tasks between parents at international and at national level is provided. The majority of the mentioned studies focus on the issues of gender relations regarding household labor division and childcare tasks, on the availability and the use of free time and on men's role in contemporary family. According to the presented research data, the division of household labor and the childcare are still determined by gender.

### 6. SIXTH CHAPTER

In the **sixth chapter**, a series of best practices' examples for the promotion of reconciliation between working and family/private life at national and at European level is presented.

### 7. SEVENTH CHAPTER

In the **seventh chapter**, it is mentioned that significant steps have been made towards achieving reconciliation between working, family and private life. Nevertheless, in Greece, there are still important deficiencies in the implementation of relevant policies and in the provision of relevant services to the parents. It is also noticed that there is a lack of recently published research studies on the reconciliation issue, focusing on the needs and difficulties that parents have to cope with, during the period of crisis in Greece.

## PARTNERS



Greek League for  
Women's Rights